

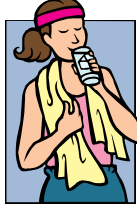
# FIRM FOUNDATION LUNCH MENU

# DECEMBER

**Produce of the Month**  
"Leafy Greens"



Remember to stay active over the holidays!



1	2
Chicken Parmesan Sandwich	Macaroni & Cheese
Cheese Quesdilla	Chicken Burger
Chef Salad	Soft Bagel with Cream Cheese

5	6	7	8	9
Pork & Veggie Egg Roll w/ Rice	Crispy Baked Fish & Tater Tots	Swedish Meatballs	Tasty Chili Fritos	Pretzel with Cheese
Cheese Pizza	Cheese Burger	Zesty Nachos	Whole Wheat Corn Dog	Chicken Burger
Turkey Sandwich	Cobb Salad	Ham & Cheese Sandwich	Chef Salad	Soft Bagel with Cream Cheese

12	13	14	15	16
Sausage with Spicy Mustard	Beef Soft Taco	Zesty nachos	Teriyaki Dippers w/ Steamed Rice	Chicken Burger
Chicken Burger	Chicken Nuggets	Pepperoni Pizza	Cheese Quesadilla	Hot Dog on a Whole Wheat Bun
Asian Chicken Salad	Combo & Cheese Sandwich	Ham & Cheese Sandwich	Chef Salad	Soft Bagel with Cream Cheese

# Winter

This institution is an equal opportunity provider

**December Events:** 12/9 Pre-K Christmas Program  
 12/12 Christmas Concert  
 12/19 - 30 Winter Break

