

# **FIRM FOUNDATION CHRISTIAN HIGH SCHOOL**

## **PERSONAL APPEARANCE POLICIES**

### **RATIONALE**

In line with our school philosophy, the area of dress and social grace for young people is primarily a function of the home (parents). We take into account five major factors regarding this area: (1) cultural standards are major variables; (2) individual and family standards vary widely; (3) some families leave this area of education up to the school; (4) the community, including those with children in the school, **views the dress of the staff and students as a representation of the school**; (5) varieties in dress and/or dress standards are not sin in and of themselves, although individuals may vary in their conviction (I Sam. 16:7, Rom. 14). For these reasons, Firm Foundation Christian High School must have a clear, stipulated, **manageable** dress code. Our appearance is an indication of many of our personal values and attitudes.

In designing guidelines in the area of dress, we want to: (1) keep the responsibilities for clothing standards in the home as much as possible, (2) avoid identifying some particular dress style as the only Christian one, (3) **encourage/teach students to respect authority and willingly submit to policies and higher authority regardless of whether the students personally agree with the policies or not, and (4) maintain modesty and professionalism.**

### **SCHOOL ATTIRE**

In an effort to create a respectful environment focused on learning, the following guidelines have been put in place regarding school attire:

- Denim jeans in **BLUE, BLACK or KHAKI only**
- Non-denim slacks, cords, cargo pants, capris, skirts, and dresses with sleeves
- Denim walking length shorts in **BLUE, BLACK or KHAKI only**
- Non-denim walking length shorts
- Dress, casual, or clean athletic shoes
- Shirts and blouses, either plain or with appropriate logos/writing (If you are unsure about an item, you may set up a meeting with the administrator to preview clothing items.)
- Sweaters and Zip-up sweatshirts with appropriate graphics, pictures, or other writing (If you are unsure about an item, you may set up a meeting with the administrator to preview clothing items.)
- Solid-colored leggings in **BLACK, WHITE, NAVY or KHAKI only**
- Hair must be of a natural color and neatly groomed
- Jewelry must be in good taste and moderate. Earrings may not exceed 1½ inches below the bottom of the ear lobe. One earring per ear for females and no earrings for males. **No other body piercings are allowed at school.**
- All logos, graphics, words/phrases or other writing must be appropriate for a Christian school environment, in other words, carry positive messages and be in line with Biblical standards

The administration reserves the right to determine appropriate clothing. Toward that end, these items are specifically not allowed at any time:

- Jeans of any color other than blue, black or khaki
- Non-fitted pants that sag or are baggy
- Pencil leg or “skinny fit” style pants or jeans
- Leggings may only be worn with skirts or dresses of the appropriate listed length.
- Clothing with holes, tears or frayed seams
- Dresses, skirts or slits shorter than two inches above the knee
- Sleeveless shirts, blouses, or dresses
- Tight-fitting clothing of any sort (**tops or bottoms**)

- Sheer or revealing clothing such as clothing that exposes the midriff when a hand is raised
- Clothing that exposes cleavage (clothing must eliminate visible cleavage at all times, in any position, including times when leaning over or bending down)
- Undergarments cannot show out of or through clothing
- Tank tops or strapless attire
- Outdoor coats inside the classroom or at special events (these items shall be stored in student lockers during class)
- Flip flops, shower shoes, work boots, and heels on shoes higher than two inches
- Head coverings
- Facial piercing and visible tattoos (permanent or wash-off)
- Accessories, logos, graphics, words/phrases or writing that contain racist remarks, suggestive language, profanity or subtle messages advocating group and/or drug/alcohol related activities, or sensual activities
- Spike necklaces, bracelets, belts, etc., are not appropriate.
- Sunglasses, hats and caps inside the classroom or at special events/assemblies
- Students' hair that covers eyes or limits vision
- Certain graphics, including gargoyles, skulls, pirates, wizards, vampires, dragons, and other graphics of this nature

## CHAPEL DAY ATTIRE

Chapel day is a special day at Firm Foundation Christian School and as such, attire for the day shall follow professional/professional casual standards.

- No jeans or cargos shall be worn
- Boys shall wear collared shirts
- Girls shall wear blouses or better (no plain T's)
- Skirts and dresses with sleeves and of the proper length are appropriate for chapel day
- Dress pants, slacks, or Dockers/khakis are appropriate for chapel day

**All clothing is subject to the approval of the administration. The school reserves the right to require that students whose dress is deemed inappropriate wear a school-provided shirt over their inappropriate clothing choices for the school day, or to require that students call home for a change of clothing.**

## MANDATORY PE UNIFORMS

All high school students are required to “dress down” for physical education classes. Students change in the bathrooms, which are closed to all other students during PE changing times. The following are the only approved PE uniform options:

- Navy only in: Shorts, Sweatpants and/or Track Pants (PE uniforms may be purchased through Land's End, but it's not required)
- **Plain Gray crew-neck** T-shirts with school logo will be available for \$10 purchase or **Plain Gray crew-neck** T-shirts (PE uniforms may be purchased through Land's End, but it's not required.) **No V-neck or scoop neck t-shirts are allowed**
- **SHOES FOR PE CLASSES:** Students are required to wear sturdy, fastened shoes appropriate for athletics to prevent possible injuries. Tennis shoes are the preferred option for PE. **If possible, please have students wear white-soled shoes for PE to protect our gym floor. Even some colored-soled shoes that state “non-marking” on the shoe box will still leave marks.**